# ALLABOUT (Magazine

YOUR MONTHLY MAGAZINE FOR NEWPORT & THE SURROUNDING AREA



CONNECTING LOCAL PEOPLE & BUSINESS AT HOME, ONLINE & MOBILE

### GET KITTED UP FOR WINTER AT NOVA CYCLES



Madison Steller Waterproof Jacket Was £89.99

Now £59.99







Infini LED Light Set £19.99

DeFeetWoolieBoolie Socks **£16.99** 



Chiba Reflector Glove £29.99



BBB Innershield Gloves £9.99



www.novacycles.co.uk

01952 825952

2 The Square, Newport, Shropshire TF10 7AG



Firstly, may we take this opportunity to wish all our readers, advertisers, contributors and distributors a happy New Year for 2016.

As always we hope you find the content of this publication to be interesting and informative.

We are planning some very exciting specialist editorial features this year, working with local and national organisations.

In this issue you will find All About Business, a new feature. As a new year begins, many will be looking to start their own business. We hope this new feature will help in that process.

Please get in touch. It's the often untold, local stories from past or present, that readers are finding 'informative, educational and often entertaining'.



Karen and Martin @allaboutnewport | editor@allaboutnewport.co.uk

#### **Contents**

A selection of this month's features...

Rest a While - Mike Robin looks forward to a little semi-hibernation now that the season's work is done - **p7** 

**Developing New Skills** - Newport Photographic Club aims to encourage and develop the photographic skills of its members - p12

**Gluten-Free Baking** - Now you can bake your cake and eat it with Hannah's glutenfree version of a classic Lemon Drizzle cake. Perfect - p14

**Seeing the Unexpected** - Sarah Gibson of Shropshire Wildlife Trust, tells how getting out on the gloomiest day can bring its own rewards - p24

**Puppy Parties** - The party season may be over, but Tern Vets are looking to turn your puppies into sparkling socialites - p42

Rolling Back the Years - Fred Dukes of Newport shares a passion for Vauxhall Vivas with over 300 members worldwide - p44

#### Advertising & Editorial: 07973 385 929

Karen Woodcock: karen@allaboutnewport.co.uk

#### Deadlines - February 2016 Issue

Advertising & Editorial due by: **January 8, 2016 (5pm)** 

All About Newport Ltd, c/o MSA Ferndale, Suite 7, Nova House, Audley Avenue Enterprise Park, Newport, Shropshire, TF10 7DW

#### 15,000 Copies - Every Month - Your Free Local Magazine

Copies are delivered to homes, businesses and selected pick-up points in Adbaston, Chetwynd Aston, Childs Ercall, Church Aston, Edgmond, Forton & Sutton, Gnosall, Gnosall Heath, Great Chatwell, Haughton & Church Eaton, Hinstock & Cheswardine, Knighton, Lilleshall, Lilleshall Hall & Golf Club, Newport, Muxton, Norbury, Outwoods, Moreton & Coley Mill, Sambrook and Chetwynd Park, Sheriffhales, Tibberton, Wheaton Aston and Woodseaves. Copies are also available from Waitrose Newport.





Computers • Laptops • Tablets • Phones
 Apple iMacs • Mac Books • iPads and iPhones



#### We Sell...

TVs • Stationery • Vapourlite E-Liquids
• Parts & Accessories • Cables & Components

ACE Computer Systems offer on-Site Service & Support for Small Businesses and Home Users

#### ACE COMPUTER SYSTEMS (UK) LTD

101 High Street, Newport, Shropshire TF10 7AY

Tel: 01952 820138

Fax: 01952 825483 | Email: info@acecomputersystems.com www.acecomputersystems.com



#### **In Print & Digital**

This magazine is available FREE for PC, iPad $^{\mathsf{TM}}$ , iPhone $^{\mathsf{TM}}$  and Android $^{\mathsf{TM}}$  smartphones?

http://bit.ly/allaboutmagazine



#### Digital Edition - Share

Download, Read and Share features and reviews where you see this logo.



#### Digital Edition - Video

Download, then watch bonus content where you see this logo.

•••••

•••••



Publisher: All About Newport Ltd

We gratefully acknowledge the support given from advertisers and editorial contributors in the All About Magazine. Whilst every effort has been made to ensure the accuracy of all information published within this magazine, the publishers cannot accept responsibility for loss, damage or omission caused by error in the printing of an advert or editorial.

Advertisements contained within this magazine are subject to the normal terms and conditions of the company, copies of which are available on request. Advertisements are accepted on the understanding that descriptions of goods and services are fair and accurate. The Publisher does not officially endorse any advertising material included within this publication, nor do they accept liability for omissions or incorrect insertions or any consequences arising therefrom. nor can they accept liability or responsibility for any consequence arising from use of this publication The views expressed in All About Magazine by its contributors are not necessarily those of the publisher's.

@All About Newport Ltd. All rights reserved. Neither this publication nor any part of it may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior consent of All About Newport Ltd. c/o MSA Ferndale, Suite 7, Nova House, Audley Avenue Enterprise Park, Newport, Shropshire, TF10 7DW. Registered in England and Wales. Company No. 08144530. VAT Reg. No. 190405523.

All About Magazine is printed by Precision Colour Printing Ltd, Telford.



When you have finished reading your magazine, please share it with others.

#### **Lego Marvel Avengers**

#### Available on multiple platforms - RRP £30-£40

View the Official trailer in the **Tablet Edition** 



It's time to suit up and face a colourful array of villains by controling your favourite Marvel superheroes.

In another of the entertaining series of Lego-based computer games, this platform puzzler allows you to play as animated versions of Lego characters, including Captain America, Thor, Iron Man and Hulk.

This the first console videogame to feature characters and storylines based on the critically-acclaimed films - Marvel's The Avengers Assemble and the blockbuster sequel Avengers: Age of Ultron.

Play as some of the planet's favourite heroes as they strive to save the world. Relive some of the greatest moments from the Marvel Cinematic brand, including the Battle of New York between the heroes and Super Villain Loki as seen in Marvel's The Avengers Assemble.

Play with new and enhanced powers and abilities. You can team up with core Avengers to perform combo moves. Free Roam Gameplay allows heroes to collect gold bricks, studs, and unlock additional characters.

As with other Lego games, which have included those based on Bat Man, Star Wars and Indiana Jones, the action is tongue-in-cheek and violent scenes become merely exercises is smashing apart 'plastic bricks' that can easily be reassembled. Great fun for all the family.



## Have you made a New Year's Resolution that is easy to keep?

#### An easy simple one is to make a Will.

Don't believe me? Look at the advantages.

- · You can plan who will inherit your estate.
- You can protect your property and potentially reduce Inheritance tax liability.
- If you are not married or in a civil partnership your partner will not inherit unless you have a will.

#### That's food for thought!

Don't leave your affairs to chance and start 2016 in a positive way. Contact Alistair at ACW Wills and Estates Limited on

07768 643225 or 01952 670534

email: alistair@acwwillsandestates.co.uk

AcW

We will offer you friendly guidance and advice in plain English. Here to help you and your family.





Compliant with the IPW Code of Practice



#### **News in Brief**

A selection of local news snippets. More news stories can be found online at allaboutnewport.co.uk

#### **Park That Bike**

Telford & Wrekin Council have said if you have visitors, customers or staff who arrive by bike, and you are a business, voluntary sector group or public service organisation, you may be eligible for free bike racks.

There's lots of different types of racks available from the standard ones you see in town centres to bars to screw to the wall to planters incorporating rails to secure bikes. You can apply online at www. parkthatbike.info - Telford & Wrekin Council is one of the 4 initial areas to sign up.

#### **Snow Wardens**

Telford & Wrekin Council Our are looking for volunteer Snow Wardens to help clear pathways and smaller roads in and around their neighbourhoods.

Clearing pathways and roads in neighbourhoods can be a lifeline to those who are unable to clear the areas for themselves. Volunteering as a Snow Warden in your neighbourhood doesn't take up much of your time – just the time it takes to

shovel snow off a nearby path or road and sprinkle with salt. All our volunteer Snow Wardens are provided with a training pack, hi-vis vests, snow shovel and supply of salt ready for the arrival of the white stuff.

To be a Snow Warden you will need access to a mobile phone or the Internet to receive weather information and alerts during periods of extreme weather. If you are interested in becoming a Snow Warden click here or email snowwardens@ telford.go.uk

#### The High Street Reveal

Newport will find out if it has been successful in securing a share of a £1m fund to improve the town's High Street this month, when Telford & Wrekin Council reveal which applications have won the bids.

#### **Community Matters**

If you are part of a local club or charity, Waitrose Newport can help with their Community Matters funding initiative. This is where you collect your green tokens when shopping and pop them into the boxes at the door. Each month there are three local good causes chosen. All you need to do is call into Waitrose and ask for further details from Jill King.

#### Most Pleasant Young Man

Christmas lunch for us was at **The Orchard**, **Newport**. What a very nice young man served us. The new addition to the team is Nick, who is one of their Front-of-House managers. Nick is a Greek Cypriot whose experience is in 5 Star catering. Needless to say, we had a wonderful meal, in beautiful surroundings, thank you Sarah and Peter.

#### And the Winners are ...

Two winners of the recent Christmas Window competition held in Newport are ...

Henshall's Shield Christmas Window Chamber Member winner - **The Courtyard** 

Overall winner - Harts Vintage Tearoom

#### Have your say in the next issue of All About Magazine

If you wish to contribute to the next issue, please tweet, post or email your comments to:

editor@allaboutnewport.co.uk by 5pm, Friday 15th January 2016

or post your comments to All About Newport Ltd, c/o MSA Ferndale, Suite 7, Nova House, Audley Avenue Enterprise Park, Newport, Shropshire, TF10 7DW

#### Rest awhile...

#### by Mike Robin at www.freerange-living.co.uk

Most of the season's work on the organic 'eco' micro-holding (small smallholding) here is done for this year, with hopefully a bit of restful (and natural?) semi-hibernation to look forward to. Weeds and green growth have been 'shaved' off the growing ground, onto the compost heap, leaving it 'pristine' bare and awaiting, well half of it, the application of woodash and two applications of finely-made compost February time, after which

it'll be 'all systems go'.

The considerable task of hedge cutting was completed by the end of October, after which guite a bit of lopping of spars with a pruning saw has been the job, creating a good pile of brushwood ready for a mid-winter bonfire.

Even though it's only a relatively small area here half an acre - there's quite a bit of vegetation of one sort or another, home to guite a few birds. The gang of sparrows have had to find 'alternative accomodation' - their creeper home on the end wall of the cottage decided

to 'peel off' one day and then had to be cut back severely to let the traffic by on the lane.

Lots of tits of various hues appear at the wild bird seed and fat ball feeders overlooking the kitchen window, including the 'gorgeous gang' of long-tailed tits.

Another set of bird feeders reside down in the paddock and the bird food

put out there goes pretty quickly, particularly the peanuts, which are consumed far slower in the feeders near the cottage - there must be some that don't particularly want to come near human habitation?

A window in 'The Retreat' in the paddock overlooks the feeders there, so bird watching there could be a pleasant 'semi-hibernation' pastime.





#### Open Wednesday - Sunday

12noon - 3pm and 6.30pm - 11.30pm

128 High Street, Newport. TF10 7BH • 01952 872700 • www.orchard-dining.co.uk









Fine Wine Wednesdays

Free glass of House White with our main fish dishes

(Please present this voucher on arrival. Valid Wednesday - Sunday until 01/03/2016)

Special Evening
Monday 25th January 2016

"Burns' Night"

Locally Sourced - Quality Produce - Seasonal Menus



Now taking online bookings at: www.orchard-dining.co.uk or call 01952 872700 FOLLOW US ON FACEBOOK AND TWITTER FOR OUR LATEST SPECIAL OFFERS



Click & Collect - Newport - www.allaboutnewport.co.uk/shops

shop

click

collect

## Edgmond and Tibberton triumph in tag rugby schools competition

Hundreds of youngsters descended on Newport Rugby Club to take part in tag rugby competitions for primary schools across Telford & Wrekin.

The club hosted two separate challenges - one for pupils in years three and four, and another forthose in years five and six. In total, the two events involved 33 teams.

It was **Tibberton Primary School** which won the year three and four competition, with the team topping their initial qualifying group and going on to complete the competition undefeated.

The year five and six competition went down to the wire, with **St Peter's Primary at Edgmond** beating Muxton Primary 10-9 on a 'golden try' after the teams had finished tied in the final at the end of normal time.

A total of 14 schools took part in the year three and four competition – including three newcomers - Woodlands, Hadley and Windmill schools. A further 19 schools were involved in the year five and six competition, which involved more than 200 pupils.

In the plate competition, for teams which failed to qualify from the initial group stages in the year five and six competition, **St Peter & Paul Primary from Newport** beat Short Wood of Wellington in the final, with John Fletcher and Coalbrookdale finishing joint third.

The William Reynolds School team from Woodside were awarded the Fair Play Award for what organisers described as 'their superb sportsmanship throughout the tournament'.

Refereeing was provided by volunteers from Newport Rugby Club and young leaders from the Burton Borough and Charlton Schools. Wrekin College also helped with the years five and six event.

The events were organised by the Telford & Wrekin School Sports Partnership. Manager Frankie Williams said: "It was great to see so many schools taking part, bringing quality and enthusiasm to the competition.

"It would be great if these and more new schools were involved in the future. Young people wishing to participate further in rugby union can do so at either Newport Rugby Club or Telford Hornets."

He also said a big thank-you to referees. "They worked tirelessly throughout the day and in the run-up to the competition to ensure the event ran smoothly."



The victorious Edgmond years 5&6 team

Tag rugby is just one of the sports involved in the 2016 Winter Shropshire Homes School Sport Festival which will be held from March 1-2 at Shrewsbury Sports Village.

The festival is organised by Energize Shropshire, Telford & Wrekin which promotes and celebrates sport and physical activity. Nearly 2,000 primary and secondary pupils will be competing, across 25 different events.

Harry Cade, Youth Sport Manager at Energize, said: "These tag rugby competitions form part of a programme of activities delivered by School Sports Partnerships and School Games organisers, and aredesigned to engage more young people to enjoy, watch and play sport and lead a lifelong healthy lifestyle."

#### Telford & Wrekin Primary Schools Tag Rugby Results

Years 3&4 (1) Tibberton; (2) Short Wood, Wellington; (3) Moorfield, Newport; (4) Grange Park, Stirchley

Years 5&6 (1) St Peter's, Edgmond; (2) Muxton; (3) Dothill; (4) Tibberton

Plate winner - St Peter & Paul, Newport

#### **APPy Talking**

It's an app'y New Year from the team at All About Newport. So lets have three apps - Happy, New and Year themed ...

What apps could you not live without? Send your smartphone favourites to editor@allaboutnewport.co.uk





#### **Happy Jump**

Free for Android - in-app purchases

You know how it is? You are a smiley red jelly that likes to score points by making your way up in to the sky by bouncing off platforms and coins.

Be careful how you make your ascent, for as tempting as it is to climb the grassy steps, the higher the climb, the greater the fall. As you reach new high scores you will earn new boosts - often you get to choose from a selection. Will you choose to slow things down or add a temporary shield?

The only aim seems tobe to try and beat your previous score. There is little in the way of a goal. It's all very silly, but can pass a minute or two of boredom.



#### **New Star Soccer**

Free for Android - in-app purchases

This is an interesting take on football games. Start by learning some of the nuances of the game's simple controls. Here, you will learn to bend the ball, pass and dribble.

Once the computerised authorities are satisfied that you know what you are doing, progress to match play is swift. And it is the match play that differs from most traditional soccer simulators.

Start playing in the league and much of the action is replaced with highlight captions, all very 'Final Score'. But this leads to intricate little set pieces that hold your interest. **Quite different and not bad at all.** 



#### **Baby Games For One Year Old**

Free for Android

Oh dear. This, unfortunately, like a four-hour worn nappy, is a bit of a stinker. It is simply a selection of cartoon pictures that when pressed will give you an electronic representation of a farmyard or wild animal.

Some of the reviews online are particularly damning of this app, so for that reason alone, justified taking a look. Surely it couldn't be as bad as they make out?

It really is awful. We don't think it will hold any one-year-old's attention. Not even for as long as it takes to say the app's title. **The animal noises aren't even that authentic**. We recommend that you give this app a miss and seek out something else to entertain your tots.

#### Aiming to develop members' skills

by Bob Colman of Newport Photographic Club.





Newport Photographic Club, established in 1984, is open to anyone interested in photography and aims to encourage and develop the photographic skills of its members. We meet at the Baptist Church hall in Water Lane, Newport, Shropshire at 7.45pm every Tuesday evening from September to June.

At present we have about 80 members from the Telford & Wrekin area and the surrounding villages. We cater for all levels of expertise from absolute beginner to experienced enthusiast.

There is a full programme of visiting speakers, workshops & practical evenings, competitions, social evenings and other events. The current programme and samples of our members' work are available on our website; www.newportphotoclub.com

As well as our formal program we encourage our members to expand their photographic skills with Peer Review Groups and a Mentoring Programme.

The Mentoring Programme aims to team up those who want to take their photography a bit further, with one of the more experienced club members

#### Transform the look and feel of your room

with Newport based ShropshireHeat.co.uk

So all the festivities are now over and the decorations are packed safely back in the loft...but don't you now look at your fireplace and think it is in need of sprucing up and updating?

So why not think about installing a multifuel stove. It is amazing how a stove can completely transform the look and feel of a room. The choice of style of stoves is vast. From traditional farmhouse style to up to the minute contemporary...the choice is yours.

Cutting edge technology means that stoves are now easy to maintain and keep clean and burn very efficiently. Complete the transformation with a slate hearth and a wooden beam which will set it off beautifully and become the focal point of the room.

So why not bring in the new with the New Year and look at transforming your living space.

We have some **beautiful stoves in the shop** for you to look at, so please call in anytime Tuesday - Saturday 10am - 5pm.





**01952 811443** F Facebook









who can help with technical and photographic techniques. The Peer Review Groups allow members to get informal comments and suggestions about their pictures from other members of the club by passing their prints round the other group members for constructive comment.

The club takes a full part in supporting the local community with photographic displays exhibitions.

A sample of images which have featured as winning entries in our print competitions during 2015.

Photo 1: 1st Open Competition (advanced) Winner Final Rehersal by Dave Shrubb BPE

Photo 2: 1st Theme Competition "A touch of yellow (Advanced)

Winner Brighter than the rest by Bob Colman

Photo 3: 1st Open Competition (intermediate) Winner News for thought by Maureen Colbert

Photo 4: 1st Theme Competition "A touch of yellow (Intermediate)

Winner Yellow Ribbons by Maureen Colbert

New members are always welcome; just come along on a Tuesday evening - or contact Ellie Rushton ellier@uwclub.net or 01630 661336.







A first-class prep and pre-prep school in Newport for boys and girls 2 to 11. ISC Accredited ISA

#### Castle House School

"A Happy Place for Learning"

Holiday Care open to the public CHerubS Nursery Open 50 weeks. 8.00am - 6.00pm



#### 01952 811035

www.castlehouseschool.co.uk Chetwynd End, Newport TF10 7JE

Headmaster: Mr R M Walden MA, MEd, FCollP A Registered Charity which exists to provide Education for Children

Businesses in All About Magazine reach a suggested 37,500 readers per issue from as little as...





www.allaboutnewport.co.uk/advertise

# Moving or Improving? Commercial or Domestic

- Shopfitting
- Wall/Floor Tiling
- Garage/Room Conversion
- Laminate/Hardwood Floors
- Bespoke & General Joinery
- Complete Bathrooms & Kitchens
- Painting & Decorating
- Garden Maintenance



Professional, friendly reliable service offering a free no obligation quotation.

Worked on 'TV' and 'Celebrity D.I.Y' programs, plus 'If it's Broke Fix It', Ryobi and Aviva promotional videos.

**Spoton Building & Property** Maintenance Services



**Call on Barry Tongue 07966 458620** Tel: 01630 638758 or email: baz@cobweb.fsnet.co.uk

#### Gluten-free lemon drizzle cake

This version of a simple classic will leave you hungry for more. Made from gluten-free flour it's sure to be appreciated by all.



#### Method

- 1. Heat your oven to 180C/350F/Gas mark 4
- 2. Beat the butter and sugar together either by hand or with an electric mixer until light and fluffy.
- 3. Beat in half of the beaten eggs with a tablespoon of the flour, then beat in the other egg with another tablespoon of the flour.
- 4. When incorporated, fold in the rest of the flour along with the lemon rind, the poppy seeds & juice of half the lemon.
- 5. Line an 18cm long loaf tin (roughly a 1lb) with baking paper and spoon the mixture into the tin.
- 6. Bake for 45 to 50 minutes or until a skewer comes out clean, remove from the oven and cool in the tin for a few minutes, then remove from the tin and leave to cool on a cooling rack.
- 7. When the cake is cool mix together the icing sugar and about 5tsp of lemon juice, spoon in onto the top of the cake and spread around, leave some to drizzle over the edges. I decorated my cake with some lemon slices.

#### Ingredients

- 170g (6oz) unsalted butter
- 170g (6oz) caster sugar
- 2 large eggs, beaten
- 170g (6oz) gluten free white selfraising flour (I used Doves farm)
- 1 large lemon (zest and juice)
- 1 tbsp poppy seeds
- 2 tbsp icing sugar

## **Dates for your Diary 2016**

at Goldstone Hall • Hotel & Restaurant



January is the time to plan ahead, John Cushing of Goldstone Hall goes through all the great things we have to look forward to this year.

"2016 is an enticing prospect with the Olympics in Rio and even the 950th anniversary of the Battle of Hastings. At Goldstone many of the high days and holidays are booked out early so here are our dates for your diary to enable you to plan ahead and avoid one in the eye."

#### St Valentine's Weekend - 12th—14th February

Head Chef Chris Weatherstone will be cooking up the food of love all weekend. For extra brownie points with the other half book to stay the night in candlelit Goldstone.

#### Propose to your man - 29th February

St. Brigid struck a deal with St. Patrick to overcome some men's reticence to get on with proposing marriage. On Leap Day; the girls get the chance to reverse thetraditional approach-Goldstone is the spot: Great dinner followed by a simple "shall we?" and then we've got the Champagne to start the celebrations. We know a good spot for the "I dos" too.



The Goldstone Garden will be ablaze with daffodils and snowdrops to welcome all Mothers on this very special Sunday. We will make sure all Mothers leave with an extra sweet gift so there's no need for that mad dash to the petrol station. An incredibly popular day, plan your party and give us a call as soon as you can.

#### Easter Sunday - 27th March

The Goldstone Egg Hunt is a well established favourite - extra prizes for the eagle eyed spotters of the Golden Eggs. Full Sunday lunch with seconds of the pudding trolley and the Daffodils should still be in full bloom.

#### Father's Day - 19th June

Still based around the great Goldstone lunch but with a whole roast lamb cooked over charcoal in the Goldstone Man Cave.

Pop onto www.goldstonehall.com to find out more information or call today on 01630 661202 to put your name in the diary.

#### Goldstone Hall • Hotel • Restaurant, Shropshire TF9 2NA

enquiries@goldstonehall.com | 01630 661202 | www.goldstonehall.com



Sale Time at Daisy Chain!

Here at **Daisy Chain** our **January Sale is Now On!!**Reductions across the store mean if you love to bag a bargain you'll love a visit to us - **treat yourself** as 2016 begins or if you're ultra organised you could pick up a few gifts while there are some offers to be had.

#### Our Favourite Sale Picks...

Our Fringed Wool Wraps
Stylish and Warm and Reduced from £36.95

Now Just £19.95!!

Fantastic Long Leather Boot Range Reduced From £99

Now Just £79!!

Beautiful Leather Glove

Reduced From £19.95

Now Just £12.95!!

#### Emma and Maria x



Follow us on Facebook for our latest news & offers.

Like

8 St Marys Street, Newport, Shropshire TF10 7AB.

Telephone: 01952 813584





FROM THE CHICHSTREET



1 - Seat Cushion Pads from Voyage in range of fabrics £47.50 per pair.

Lotties in Newport, Newport: 01952 825825

- **2 Rose Gold Necklace £16.95** *Daisy Chain, Newport:*01952 813584
- 3 Eva Court Show by Ruby Shoo Was £50 Now £30 Daisy Chain, Newport: 01952 813584
- 4 Avoca Kavanagh Coat £225.00

Lotties in Newport, Newport: 01952 825825







Women's & Men's Clothing & Accessories

www.lottiesfashion.co.uk

To start the new year off, Lottie's will be having up to

## ON SELECTED ITEMS

We will look forward to seeing all our customers at Lottie's in the new year ...

Lottie xx



Seasalt Seaside Mac 100% Waterproof Coat Was £120 NOW £72



seasalt Folly Cove Dress was £59.95 NOW **35.97** 

Seasalt Pretty Printed Scarf RRP £29.95 NOW £20.96



Vanilla Moon Millie Boots Was £139.95 NOW £97.96

Lottie is very much looking forward to becoming a mum in the new year and has decided to close the Apley store as of **31st January** in order to concentrate on Newport. Mandy will be helping Lottie run the Newport store along with all the team.



Joules 3 in 1 Weatherall Jacket 100% Waterproof Was £149 NOW £74.95

View in Lottie's store - 6a St Mary's Street, Newport. TF10 7AB. 01952 825 825

























1 - New healthier you -Breville Sports Bottle Blender £29.99

Cookshop Newport: 01952 825800

2 - Lino Cutting and Printing Kit, Everything included, with instructions. Ages 12+ with adult supervision £30 Kitty Kraft, Newport: 01952 820940

3 - Stove Lover Complete Care Kit £20, Kindling Bucket and Gloves £19 Shropshire Heat, Newport: 01952 811443



#### All About Business - Start-ups

Starting up a new business can be a daunting endeavour. As an individual, you go from the safety and structure of being an employee of a company to a person who assumes all of the risks as well as rewards of being a business owner.

To aid success requires starting off with the right foundation, here are some legal issues to keep in mind for your business start-up.

**Business Structure** – When starting up a business you basically have two main choices. One choice is the sole trader while the other is a Limited Company. Each of these options has its own advantages and disadvantages.

Let's first look at the sole trader type of business. A sole trader is the simplest form, relatively easy to start and maintain. In this type of business, there is no division between business assets and personal assets. Everything falls under the sole trader's name. That means that all income is paid under the sole trader's personal taxes. A company, on the other hand, separates business and personal assets as well as taxes. The tax advantage of a sole trader is that any



losses by the business can offset any income from the personal side. Of course, the biggest advantage of a company is that business liability does not affect personal assets.

#### New Year! New Finances?

Are your finances feeling bloated after a Christmas blow out?

Or is 2016 the year you want to start thinking about your future and/or retirement?

If so, why not contact us on 01952 455775 For your Free Initial Consultation Or visit Claire Dentith at Tax Assist's Newport office, between 2pm-4pm every Thursday



CD Financial Limited is an appointed representative of Openwork Limited which is authorised by the Financial Conduct Authority.

Your home maybe repossessed if you do not keep up repayments on your mortgage.
Our fee for arranging a mortgage is £195.



Pensions
Mortgages
Investments
Protection
Insurance

#### All About Business - Start-ups

Protecting Intellectual Property - One of the areas that is overlooked the most for business start-ups is protecting intellectual property.

So often business owners are pre-occupied with getting their business going that they forget to protect what is theirs. Not doing so can mean that any other individual or business could copy the idea and profit from it without having to pay you any money.

Contracts - Are important for the protection of the business. In the beginning, before a business becomes a business, a lot of agreements are made verbally and with a handshake. This means that if nothing is in writing difficulties may arise at a later

Make sure that you are familiar with all of the basic business contracts so that you can use them to bind any agreements/partnerships legally. Practicing this from the very beginning can pay huge dividends further down the road.

**Insurance** - An essential part of running a business is managing the risks it faces, minimising them where possible and carefully arranging insurance policies



where the financial loss could have a serious effect. Some insurances are compulsory, such as employer's liability and motor, some are essential such as public liability, and some are simply good business, such as fire and theft and insuring your business's profit if you were unable to trade after a major incident.

# ACCOUNTANTS

TaxAssist Accountants are experts in supporting owner-managed businesses. We can help with:

- Limited Company **Accounts and Tax**
- Sole Trader Accounts and Tax
- Partnership Accounts and Tax
- Bookkeeping and VAT
- Payroll, Pensions Admin and CIS
- Cloud Accounting
- Fixed Fees Agreed in Advance



01952897077

136-137 High Street **Newport TF10 7BH** 



#### All About Business -Start-ups

Employment Issues – Eventually any successful business is going to have contend with employment issues.

This involves identifying areas of the business where additional help could be used, finding the right employee to fill that needed position, coming to an agreement to hire the employee, training the employee, and then taking care of any other human resource needs that may come up (benefits, pay, job promotions, etc).

In short, making the right hire the first time will end up saving the business owner a lot of money further down the line.

There are several organisations that can offer assistance and guidance from the Chamber of Commerce, The Business Growth Hub (Telford Campus of Wolverhampton University) to WiRE Women in Rural Enterprise, based at Harper Adams University.



#### **Traditional Home Cooked Pub Food**

**BOOK NOW** 01952 551133

**Mid-Week Special** TWO FOR TEN WEDNESDAYS 3

## 2 COURSES £10

**Every Wednesday** 6pm - 8pm (last orders 7.45 pm)

**Selected Menu Booking Recommended!** 





#### **LIVE MUSIC**

**Every other Friday. 50s, 60s and 70s.** Visit our Facebook page for Dates.

**What our customers say ...** 

Easiest 5 stars ever - we came for the first time since the new owners have taken over - it is absolutely fantastic. Brilliant selection of actually decent craft and local ales and the food was to die for. All freshly homemade and perfectly cooked...

#### The Three Horseshoes

"Home Cooked Food - the way it used to be cooked"

## TRADITIONAL

3 Courses £11.95 • 2 Courses £9.95

• 1 Course £7.95

We're told it's "One of the best Sunday lunches around". so come and find out for yourself. Served from 12 noon.

#### Sambrook, Newport TF10 8AP

Monday\* 5pm-11pm; Tues, Thurs & Fri 12noon-2pm, 5pm-11pm; Sat & Sun 12noon-11pm (Sun evenings food - Bookings only)

Discover more at: www.threehorseshoessambrook.co.uk





\*Pub open Monday's but not serving food.



The golden gleam of a winter sunset at Llanforda (above), a swan unconcerned by floodwaters (inset) courtesy Neil Aldridge.

#### Seeing the unexpected

by Sarah Gibson - www.shropshirewildlifetrust.org.uk

Now is the time to shake off the winter blues. At the risk of sounding like my great-aunt, I say that taking a walk each day, no matter what the weather throws at us, can really lift our spirits. Partly, it's the

relaxing effects of exercise, partly it's about light. Curiously, even getting out on the gloomiest days brings rewards; it's always brighter than the view from the window.

It might just be a circuit round the park or along the canal, but there's invariably something to see, always something different. It might be a blackbird scuffing up leaves in search of food, a pied wagtail looping overhead, calling its cheerful song or an odd, unseasonal flower. Poppies in January? Occasionally, it does happen and seeing the

unexpected is one of the pleasures of being out. There is something about seeing wildlife at ease in its surroundings which helps us feel part of the natural world too. Watch a swan gliding along, unconcerned by floodwaters and strong currents, and you absorb a bit of its calmness; listen to a bullfinch calling softly to its mate along high hedges and you open yourself to the intimacies of wild nature.

Winter light is wondrous. Even a glimmer through the clouds brings gladness, golden light to hoard in our heads against the coming darkness. And on clear days it is ravishing, the low sun drawing out a deep richness in winter trees; golden in the afternoon, fiery red at sunset.

And each day now as the sun rises a fraction higher in the sky, there is more light, just a minute more at the beginning of the month,

the momentum growing daily, with an extra three minutes from 26th January. Tune into these subtle changes and you might just find your own heart growing lighter.





- 2 Lovely Lamb, Beautiful Brisket Lee Walker Family Butcher: 07939 057972
- 3 Cadbury's Chocolate Fingers 75p or 2 for £1, McVitie's Club 8 for the price of 6 £1

Tommy's Cakes and Sweets: Pop into the market for many more bargains

- **4 British Grown Fresh Seasonal Produce** *Nice and Fresh Fruit and Veg: 07773 665543*
- 5 Latte £1.60 and Homemade Carrot Cake with Cream Cheese frosting £1.50 The Gallery Cafe: 07922 039694







#### Discover Newport Indoor Market Hall



1 - Gift Bags from 30p - £1

JJ's Make up and Craft: 07472 763658

2 - Handmade Soaps containing natural essential oils, beautifully scented. £2.50 per slice *Cups and Wands: 07939 664511* 

3 - Beautiful Ebony Concert Ukulele. New and Preloved Vinyl Hey Judes Music Shop: 07949 793738

4 - 100% Cotton Rose & Hubble fabrics £6 per metre

Material Girl: 07719 450800

5 - Hand Knitted Baby Shower products from £3.50

Valdas Wool and Haberdashery: 07817 945731





#### Discover Newport Indoor Market Hall



PROM THE MARKET HALL



1 - Handmade to Order, or purchase from £1 *Blossom Cards: 07785 745950* 

2 - Jemco Edwardian Bag with Silver Plate Embossed Frame £80. 14ct Gold 45 Diamond Tennis Bracelet £400 (preloved)

Past and Present Jewellery: 07817 770420

3 - Ladies T-Shirt purple winged fairy. Anne Stokes Collection Cushion Gothic Fairy with Unicorn £13.99

Wardrobe 33: 07818 046358

4 - Astonish Specialist Mould & Mildew, Grease Off and Limescale Remover (750ml) £1.45

*C&D Trading: Many more Kitchen & Bathroom products in stock* 

5 - Hand Painted Jute Bags for Life. To buy or choose your own design from £3

Kate. E. Crafts: 07527 102462







Discover Newport Indoor Market Hall



## Treat Yourself Tuesdays

Homemade food at it's local best, with a mouth watering...

50% of all pr show

for over 60s between 12noon - 3pm



#### **Now On Thursdays!**

Thursday offer only available on production of this voucher.

- Homemade soup served with half a sandwich, choose from: Cheese & Red Onion. Ham & Tomato or Chicken & Bacon £5.50
  - Choice of Pork Sausage or a Cheese Omlette served with Chips & Beans £3.95
- Jacket Potato served with Salad and a choice of filling: Cheese & Beans, Tuna Sweetcorn Mayonaise or Beef Chilli £3.95
  - Beer Battered Fish served with Chips and Mushy Peas £7.95
    - Homemade Beef Chilli served with Rice £8.00
    - Cheese & Red Onion Toasted Ciabatta served with Salad and Tortilla Chips £3.95
    - Ham, Tomato & Cheese Toasted Ciabatta served with Salad and Tortilla Chips £3.95
    - Tuna Sweetcorn Mayonaise Toasted Ciabatta served with Salad & Tortilla Chips £3.95

Special Christmas
Fayre Lunch

Price from **f** 5 05

(See Specials Board)

Breakfasts Served ALL DAY from 10am THE BARLEY

sixty two high street

#### **FOOD SERVED**

Monday - Saturday 10am - 4pm (Bookings required for Parties). Open late nights till 2am Friday & Saturday

T: 01952 820810

62 High Street, Newport. TF10 7AQ

• Live Music every last Friday of the month • Live Sport • Pool Table • FREE Wi-Fi www.thebarleynewport.co.uk

#### The Martian (PG)

DVD: RRP £11

A group of astronauts exploring the red planet are caught up in a fierce storm. Believing that one of their explorers, Mark Watney (Matt Damon), has perished in the storm, the crew blast off from Mars, leaving him behind.

Essentially a one-man show, the astronaut film is actually an exploration of another kind. It explores how the human spirit can react in such harsh conditions.

With little in the way of supplies, the stranded Watney must utilise his skills ind ingenuity to find a way to survive on the hostile world.

Back on Earth, members of NASA are working with international scientists to find a way to bring him home, and as they do his crew mates are hatching their own plan for a rescue mission.

Based on the novel by Andy Weir, The Martian is a fantastic piece of cinema, directed by the everdependable Ridley Scott.

It blends hope over adversity with a nail biting story that keeps throwing curved balls at Damon, who by View the Official trailer in the **Tablet Edition** 



the way turns in a great performance. Definitely worth spending a bit of your left over Christmas money on. Jessica Chastain, Kristen Wiig and Jeff Daniels are among the supporting cast.



## **GASP CONSTRUCTION**

ALL BUILDING WORK UNDERTAKEN

- 30 Years Experience
- Competitive Rates
- Extensions
- · Renovation Work
- Brick Work
- Ground Work
- Roofing and Tiling
- Repointing
- Chimney Repairs, Dressing
- Flat Roofs
- uPVC Facias

Call for your FREE Quotation





Call: 01952 606785, 07964 817678 or 07526 529055

Visit us online at: www.gaspgroundworks.com

## Road Trip - Palma to Hortonwood in 34 hours!

Here at Autotech Performance we will not only collect your vehicle from your home or workplace here in Shropshire but occasionally go the 'extra mile' and even travel as far as Majorca.







On Friday 30th October we flew to Palma to collect an **XK120 Jaguar** previously lovingly restored by ourselves. On arrival we checked her out to make sure she was ready for the 1,000 mile journey home the following Monday.

On road testing her, she started to overheat so we did a little diagnostic work and found that the head gasket had partially failed. If we stood any chance at all of driving her to the UK we desperately needed K seal to temporally fix the fault. After 2 days of searching (due to a Spanish bank holiday) we managed to find some. We were now ready to continue our journey.

On departure from Palma the sun was shining and 8 hours later we arrived in Barcelona. We decided it would be better to drive through the night when it was cooler to keep the coolant temperature down.

Our journey took us over the Pyrenees', Mont Blanc and over the world's tallest bridge, the Millau Viaduct. Sounds fabulous you might think but in reality it was cold and dark and in an open top car not much fun.

Arriving in Paris at 4.30am the car cut out dead ... in the middle of **5 lanes of traffic!** We managed to move it on to the hard shoulder to find a fuse had blown!

We were soon back on the road and arrived in Calais to the sky darkening and the heavens opening! All was fine, we were wearing waterproofs. Then the





wipers decided to stop working. Visibility was poor to say the least. It was starting to get very dangerous. We could do nothing else but pull over and wait for the rain to clear. Finally we reached the tunnel and arrived back on British ground at 7.30pm.

After an **enormously eventful journey** and a little rest, I think we may be ready for our next road trip!



Call us today on 01952 22 88 22 to book your car for a performance upgrade or regular service. Courtesy cars available.





Our BMW Autologic Diagnostics technology, along with our expertise, allows us to confidently undertake any service and repair work required and to specialise without having to involve the dealer.

Whatever you drive, BMW to Aston Martin, here at Autotech Performance in Telford, we have the expertise required to carry out a complete service of your car to first class standard.

Autotech Performance Unit H, Horton Enterprise Park, Hortonwood 50, Telford, Shropshire. TF1 7GZ 01952 228822 e: mail@autotechperformance.co.uk



Opening Times: Monday - Friday: 8:30am - 6:00pm Saturday: By Appointment Only Sunday: Closed

www.autotechperformance.co.uk











#### **Green award for Primary School**

Reaping the rewards from their efforts, **Church Eaton School** pupils and supporters were delighted to have their hard work recognised by being announced as the winners of the prestigious Green Award from Stafford Borough Council. The school was announced as **winners in the Youth and Education category** for its allotment and conservation area. The presentation at The Gatehouse Theatre was attended by year 6 pupils and teacher Mrs Bryant where they received a certificate and a cheque for £100 from the Mayor of Stafford. Peter Jones.

The awards are given to organizations demonstrating an active commitment to good environmental practice and sustainable development. Head teacher Simon Shaw said 'This award is in recognition of all the hard work that has been done. We will use the money to further enhance the area.'

The school beat dozens of other highly regarded local schools, testament to how hard the school has worked to create an outdoor area where children can learn to grow fruit and vegetables. The produce is then taken to the school kitchen, where children learn different ways to use their fresh produce.



The school pupils also enjoy the benefits of learning about nature and wildlife as the school has a dipping pond and has recently introduced the children to chicken-keeping and therefore egg-collecting.

The school was awarded **OFSTED 'GOOD' in 2015**. Pre-reception and Reception places are available at this nurturing, rural school where pupils thrive in a caring environment with strong values.

## Protect your Car, Bike, Caravan, Tractor or Fleet with a Tracker from HCI Systems

Vehicle theft is a growing problem in the UK and

across Europe, the Scorpion Track 5 product is there when your vehicle is most vulnerable.

The system is an advanced GPS tracking unit enhanced with the facility to remotely prevent the vehicle from being driven but, more importantly, alert the Secure Operating Centre in the event that the vehicle is taken following a key theft.

The unit is complemented by two piano-black driver recognition cards. These are discreet and rechargeable and should the vehicle be moved without one of these cards being present, the Scorpion Track 5 unit will send an alert to **Scorpion's secure operating centre** who, in turn, will contact you to confirm whether or not a theft has taken place.

The Scorpion Track 5 is a sophisticated GPS tracking system that has been awarded the Thatcham Category 5 accreditation. And vehicles protected can be viewed online to see their exact location.

If you would like to find out more, **give us a call** and we will discuss the options available for your vehicle.





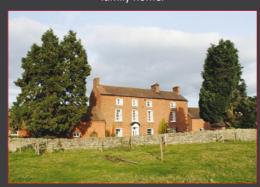
#### Estate Agents - Surveyors - Valuers

The Estate Agents experienced in selling residential properties in the Newport area for almost 50 years

#### Great Chatwell House -£750,000 region

Built in the late 18th Century. Great Chatwell House is an elegant, Grade II Listed Georgian style six bedroomed property, originally built as a farmhouse, with 19th Century additions of attached storage buildings and a former dairy.

The property, which sits within eight acres of gardens and pastureland, enjoys a favoured, south facing rural position and has been in the present owner's family for over seventy years. It has been maintained in a sound condition, with many period features remaining and offers the potential for modernisation to provide a stunning and spacious family home.







#### 75 Stafford Road, Newport £260,000 region

75 Stafford Road is a fully refurbished, extended and well presented two bedroomed detached bungalow, having the benefit of a modern fitted kitchen, lounge, dining area and 22' conservatory, with ample off road parking and pleasant private, rear garden in a well established residential area, a short distance from shops and amenities in the town.















#### Tempertons 01952 812519

23-25 High Street, Newport TF10 7AT

newport@tempertons.co.uk | www.tempertons.co.uk

Call us today for a free pre-sale no obligation valuation







#### 63 PLANTATION ROAD, TIBBERTON



A traditional three bedroom cottage in a highly desirable village location, occupying an impressive plot extending to approximately 21/2 acres.

This property will make an ideal family home in a picturesque location, surrounded by open countryside. There are a range of character features including beams to ceilings and cottage latch doors. The current accommodation would benefit from modernisation and comprises living room, central hallway with understairs storage, dining room, store room, kitchen with guarry tiled flooring and a useful walk-in larder cupboard, rear hall with door into shower room and utility/boot room. The stairs lead up to a landing with additional storage and three well-proportioned bedrooms with fantastic views. The property is approached via two private driveways with lawns to front and back, including a pond and a variety of mature trees. To the side of the house is a gate providing access to fenced fields split into separate paddocks, currently used for grazing. There are also several useful outbuildings which include a detached garage and workshop, original half timber stable block, stone pig stys with tiled roofs and a brick built outhouse, providing fantastic scope for a range of uses.

DAVIES WHITE PERRY

£390,000 Region

**ESTATE AGENTS • AUCTIONEERS VALUERS NEWPORT & SHIFNAL** 

#### DAVIES WHIT**ESTABLISHED 1806**

#### **ESTATE AGENTS AUCTIONEERS VALUERS**

**NEWPORT & SHIFNAL** 

Practising in the counties of Shropshire and Staffordshire for over 200 years, specialising in SALES of all forms of town and country property, **LETTING & PROPERTY** MANAGEMENT, Valuations for Insurance, Probate, Furniture, etc.

Contact us for FREE professional advice WITHOUT OBLIGATION.

45/47 High Street, Newport 01952 811003 newport@davieswhiteperry.co.uk

Market Place, Shifnal 01952 460523

shifnal@davieswhiteperry.co.uk

www.davieswhiteperry.co.uk www.facebook.com/davieswhiteandperry www.twitter.com/davieswp

### COMPLETE HOME REMOVALS

The only removals company in Telford to be members of The Guild of Master Craftsmen' and 'Moved Assured'

We are a small *family run business* and we deliver a professional removal to the highest standards. We ensure our customers are 100% happy with the work we do, and offer excellent value for money.

#### Our Services include...

- Nationwide Service
- Professional Home Packing Service
- Fully Trained, Uniformed Staff
- Storage

- Piano Moves
- Packing Materials
- Commercial Moves
- Porter Hire
- Removals Service 7 Davs a Week

Call us today to get your Free Quote

## JAYS REMOVALS & STORAGE LTD

YOUR HOME. SAFE IN OUR HANDS

Unit 26, Horton Court, Hortonwood 50, Telford TF1 7GY





Find us on Facebook or visit us at: www.JaysRemovalsandStorage.com

#### Artistic message for world peace

A painting by an 11-year-old Stafford schoolboy which delivers a plea for world peace has won the backing of Gnosall Lions Club.



Eleven-year-old Stafford Grammar School pupils Lauren Barnett and Siddhant Gupta impressed Gnosall Lions Club members with their visions of world peace.

In the wake of the recent Paris terror attacks, the local organiser of an international art competition believes adults should take note of Siddhant Gupta's vision of peace.

The Stafford Grammar School pupil is among 350,000 youngsters around the globe to have taken part in the annual Lions International Peace Poster Contest. Siddhant's painting depicting doves, a rainbow, Buddha and a symbolic handshake captured the imagination of members of Gnosall Lions, who sponsored the local stage of the competition.

"In light of recent tragic events in France, the posters which the children have produced are especially poignant," said Lions' regional youth officer and Gnosall branch secretary Rick Talbot.

This year's theme of 'share peace' was aimed at encouraging young artists from nearly 100 countries to express their culture and life experiences. The best posters advance through local, district and regional levels, until they reach the international final.

Siddhant won the local stage with his work entitled 'Peace with everyone in the world,' while 11-yearold fellow Stafford Grammar pupil Lauren Barnett clinched the runner-up slot.



YOUR LOCAL BLIND SPECIALIST

#### **FESTIVE SEASON OFFERS**

ON ALL VERTIVCAL, VENETIAN, WOODEN VENETIAN AND ROLLER BLINDS



Also Extra Seasonal Discounts on Perfect Fit. Romans and Pleated Blinds



Call now for an appointment to see our latest stunning range of fabrics for Curtains. Romans and Soft Furnishings

PJ Blinds are a local family business with more than 16 years experience

#### CALL US TODAY ON 01952 541657

for a friendly **FREE** no obligation quote

Visit: www.pjblindstelford.co.uk All quoted prices include measuring, fitting and VAT. \*T&Cs apply

#### Set yourself a Healthy Heart Challenge

by Heart Research UK at www.heartresearch.org.uk/events

Yes it's January and yes that's right, it's the time of year we all feel under pressure to make a new start, lose weight and do something new with our lives.

With life being so hectic, it's not always easy to commit to your new year's health resolutions. One way to ensure you stay committed is to sign up for an event with Heart Research UK. Heart Research UK have a whole host of exciting challenges for you such as the iconic **Great North Run**.

If leaving your home town seems too much effort, Heart Research UK have something to suit you too. The My Run, My Way challenge is aimed at people who want to create their own run. Take on your own 5k, 10k, half or full marathon and do it your way. Choose a date, time, route, distance and people to run with and apply for your FREE pack to get started. Set yourself that all important Healthy Heart Challenge just contact Heart Research UK to sign up for an event and you will receive your FREE fundraising pack along with a set of Lifestyle leaflets to help and advise on how to keep your heart healthy.



Heart disease is still the **UK's single biggest killer**. Knowing that 80% of this disease is preventable is very important. You can make changes right now to help change the future of your heart health and fitness plays a huge part in this change.

Make the change and sign up today at www. heartresearch.org.uk/events, call 0113 2347474 or email community@heartresearch.org.uk

#### Innovative Design. Bespoke Solutions. Affordable Prices.

#### Why compromise on your new kitchen?

With a huge array of styles to suit all tastes and budgets that range from £5000 to £25,000, we design and install bespoke kitchens. made-to-measure and designed with you in mind.

If you are looking for a kitchen that is as individual as you are, will stand the test of time and that offers excellent value for money, it might be a good idea to Indulge.

Call to find out more:

01952 354615

www.indulgeinteriors.co.uk



### David Bowie -Blackstar

DVD: RRP £12

In 2013, almost out of the blue, David Bowie released his first album of new music in a decade.

The Next Day was both critically acclaimed and well-received by his adoring fans.

Satisfied by their hero's comeback, it would probably be enough to quench the thirst for new Bowie material for some time to come. But like buses, you wait ages and two arrive almost at once.

This month, Bowie is back with Blackstar, his twenty-fifth studio ablum, scheduled to be released on his 69th birthday.

Blackstar is another album of new songs, this time featuring the return of one of David's most revered creations - Major Tom.

The character was reintroduced in the video for lead single, also entitled Blackstar.

A 10-minute sci-fi epic, the mini-movie shows off the eccentricity of the musical maestro.

Recent single Lazarus reiterates the return of Major Tom from the dead. Now please Mr Bowie, any chance of live shows?

View the Official trailer in the **Tablet Edition** 





# January Designer Half Price Sale

NOW ON AT DUIGNAN PHELPS





Designer Frames at Half Price by ...

Converse, CK by Calvin Klein, Pineapple, Nicole Farhi, Oasis, Animal, Bench, Ghost, Anna Sui, Lee Cooper

Don't Miss Out. Only whilst stocks last.

duignan phelps



### Call 01952 812820

10 St Marys Street, Newport, TF10 7AB (Practice Car Park and Disabled Lift access located at the side of our building)

Monday-Friday 9am-5pm, Saturday 9am-12.30 Sunday Closed

www.newporteyecare.co.uk

### Happy New Year...

Wycherleys Dental Practice would like to wish all our existing and future patients a happy and healthy 2016! If you're looking for a New Year's Resolution how about flossing more regularly or perhaps this is the year you give yourself the smile you've always deserved and wanted.

By Dr Ashok Jakhu



#### Share the care...

At Wycherley's Dental Practice we welcome private referrals for treatment from your dentist or self-referrals. We are happy to liaise and work in conjunction with your own dentist to provide the service and care that you may need.

We are committed to providing the treatments that you require and then refer you back to your existing dentist for your ongoing care. Our services are comprehensive – we treat people at every stage of their lives and help them attain the **best dental health possible**.

We understand how important your smile is, so as well and providing general dental care we provide more advanced complex and aesthetic options to enhance this. Our experienced and dedicated team is renowned for its great customer care, and we strive to deliver the highest standard of care using the latest technology in a relaxed and friendly environment.

Following your referral, we will contact you to arrange a convenient time to come along see us. We would firstly book you in for a free consultation so that you can come along and briefly discuss the treatment you require.

There would be no oral examination at this appointment, but it does give you a chance to meet the team and gather more information on whether the treatment is right for you. Following your free consultation we would then arrange to see you for a full consultation where a thorough medical history, oral



pola

SIX MONTH SMILES'

examination and assessment will be carried out and a diagnosis will be made. The various treatment options will be discussed in an informative and objective manner.

We will prepare a comprehensive treatment plan for you, highlighting the treatment options available and any associated costs.

A copy of this treatment plan can be sent to your referring dentist should you wish. You will be advised to continue with their regular dental care at your practice and will be discharged once treatment has been completed or kept under long term review, as appropriate.

Some of the services we can offer include:

- Dental sedation for nervous/ anxious patients
- Dental Implants
- Smile design (Crowns, Bridges, Veneers)
- Invisalign clear braces
- Six month smiles cosmetic braces
- · Root canal therapy
- Wisdom teeth extractions and oral surgery
- · Cerec one visit crowns
- Facial aesthetics

We are happy for your dentist to refer you to us by letter or email, or should you prefer, you can contact us directly.

For more information on the treatments and services that we offer or to book an appointment please call **01952 459459** or email **info@wycherleysdentalpractice.co.uk** 





# Brockton Care looking forward to the New Year

We provide quality care in the community, in peoples own homes to enable them to be as independent as possible, whilst providing compassionate, responsive care. We work closely with families and professionals to enable that holistic care to take place. Our Care workers are highly trained and skilled to provide excellent care.

One family said "the care you provide has enabled my mom to stay at home we are very appreciative of this, you all do a wonderful job", J from Newport.

Another said "all the carers are lovely, very patient and very caring", D from Newport.

The praise we received as an agency is testament to the hard work that the team at Brockton care puts in. If you are looking for care for yourself or a family member the process is easy. Just contact one of the team for information and prices. Care takes many forms, ranging from a lovely wash in the mornings, or having

a meal, drinks, washing and cleaning or even a trip to the shops. We can offer it all. From as little as 30 mins to all day care or even sleeping in to be able to give peace to a client we can arrange for this.

As we have high standards we are always looking for the right carers to join us. Full training and support given and now the care certificate too!

Call the team for information about care or a position with us on 01952 222 555.

The Office, Bolas Road, Ercall Heath,
Telford TF6 6PN

m: 07792 948949 w: www.broctoncareltd.co.uk
e: info@broctoncareltd.co.uk

Brockton Care Ltd

### Happy New Year to my Three Wisemen

By Anna Simons Mcsp - Chartered Physiotherapist

Happy New Year! I know Christmas is over but I thought I would tell you my version of the three wise men, (After all, they did arrive late to the party).

My Three Wise men are quite astonishing. All three aged between 76yrs and 85yrs are not showing any sign of slowing up. All play tennis regularly together in their local tennis club. Not surprisingly, as in any highly competitive sporting group they sustain injuries from time to time. What makes them wise in my view is they've all been to see me for treatment, and are learning lots about injury rehab.

Mr Balthazar, has been suffering with a very nasty; longstanding chronic Hamstring tear, which I have been treating with electromagnetic heat (PSWD), ultrasound, massage and stretches. He's nearly there and is off skiing next!!

Mr Caspar, came next with an acute Calf muscle strain, 2 doses of ultrasound, some soft tissue work and stretches later and he was fully recovered.

Mr Melchior, came last with a classic case of Tennis Elbow;his treatment has involved local sports massage, ultrasound and Acupuncture and he is responding well.

So whatever your age, sport or injury be a Wiseman and come for treatment

and advise sooner rather than later.



Call Anna for friendly professional advice about your injury on ...
01952 811525 or Mobile 07887 930642

COMMERCIAL FEAT



Experienced staff qualified in animal care • Woodland Play Pen
 Luxury indoor accommodation for small dogs • Dogs walked individually in
 Chetwynd Firs Forest • Daily cat 'snuggle' and play sessions

#### 01952 550430 | www.chetwyndfirs.co.uk

CHESTER ROAD, CHETWYND FIRS, NEWPORT, TF10 8BJ

Open daily from 10am to 5pm. Come and view - No appointment needed

37,500 suggested readership per issue

Each issue we print **15,000 copies**, hand-deliver to more than **13,000 local homes** with the remaining copies distributed to local businesses and pick-up points. That's a suggested reach of **37,500 readers per issue**. Is your Business receiving the coverage it deserves?

Call Karen on **07973 385 929** 

# Quick Z answers on page 58

### Music

- 1. The Christmas favourite of 'Piggies in Blankets' is chipolata sausages wrapped in what?
- 2. Which of Santa's reindeer shares its name with a mythical god of love?
- 3. In the Christmas carol, which town is known as Royal David's City?
- 4. At which of her homes does the Queen traditionally spend Christmas?
- 5. Which alcoholic ingredient is used in a Snowball cocktail?



### Semi Permanent Make Up

by Deborah

- Treatment lasts up to 2/3 years
- Deborah has nearly 20 years as an aesthetic practitioner for SPM and is skilled in her procedures
- FREE CONSULTATION
- NEW Anesthetics and fast 15 mins procedure. No pain at all!!

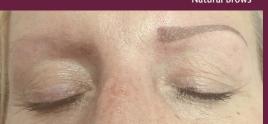
Lip Line • Lip Blush • Eye Liner • Hair Stroke Defined Brow
• Shaded Subtle Brow • Coloured Shadow • Medical Scar Coverage

Lips

#### Examples of Deborah's Work

Natural Brows





For further information contact Deborah on 07576 511971

### Puppy parties - It's a social thing

The party season might be over – but year round **Tern Vets** are looking to turn your puppies into sparkling socialites!

When you get a new puppy, it's so easy to get without risking exposure. Let him explore places

bamboozled by everything they need. Organising vaccinations, giving wormers, figuring out the night-time routine, deciding whether to give in and let them on the sofa after all – they come with an awful lot to think about! But one of the sometimes overlooked aspects of raising a well- rounded, happy dog is early socialisation.

Compared to humans, who might be fully matured in 20 years (most of the time!), a puppy matures quickly, each week forming a large proportion of

their puppyhood even if it feels like no time at all to us. From 2 weeks old, puppies are inquisitive and impressionable – approaching unfamiliar things to learn about their environment with enthusiasm and waggy tails. As they approach 16 weeks, fear of the unknown begins to outweigh this enthusiasm and they tend to be much more cautious.

This means we have a window of opportunity to act in to give our puppies positive encounters with all the things that might crop up in their lives, teaching them to react appropriately. The more good experiences we can fit into this time period the more likely it is that we will raise a **well adjusted adult dog**, capable of coping with unexpected scenarios.

Since vaccination courses are not usually finished till 12 weeks, we advise taking your puppy out in your arms, letting him see as much of the world as possible where no unfamiliar dogs have been and carry him around traffic, talking to him in a happy voice to give encouragement.

Always allow your puppy to approach things in his own time, using treats and toys as encouragements to come and greet new humans. If you are introducing a new adult dog friend – make sure this dog is well socialised and is on a lead to start with until you are sure that the experience is going to be a positive one

for your puppy. **Never rush them**, if you think they might be a little afraid, just go slow, make sure the puppy has lots of space and try to be encouraging rather than sympathetic!

What if your puppy has a bad experience? The only way to change their mind about this particular environment or situation is to try and counter this with lots of good and positive encounters of the same thing. Take your time and be patient, some puppies will need lots of good experiences before they will forget the bad one!

Socialising with puppies is very important to us at Tern, why not come to one of our **free puppy parties**? They can give your puppy some positive experiences of an environment that adult dogs are often very fearful of as well as meeting lots of other dogs their age for a play.

We love to see our puppies grow up and continue to bound into the vets unafraid and ready for a fuss!

### TERN VETERINARY GROUP - 01952 820222

• Full operating facilities • Regular Clinics • 24hr Veterinary cover locally

#### **Consulting Times**

Mon - Fri 9am - 10.15am, 4.30pm - 6pm (by appointment) Saturday 11am - 12pm (by appointment)

#### **Reception Opening Times**

Monday - Friday 9am - 6pm, Saturday 9am - 12pm





The depth of winter is when I take time to dream about the summer and imagine how the garden is going to be when I've got it "just so". Of course the great thing about gardening is it's never completely finished and there's always one more tweak to be made.

I've always loved the traditional herbaceous borders of our **British stately gardens** and this winter I've been thinking about how I might plan and plant one on a smaller scale.

Firstly, aspect: the border will need some sun during the day or your choice of plants will be severely limited. You may be able to let more light in by pruning back or removing overlarge shrubs.

Next the backdrop: traditionally a large, sheltering hedge or wall. These are fine but don't forget that hedges take moisture and goodness from the soil and walls cast a rain shadow. Fences, or shrubs are just as good a backdrop, or dispense with one completely and plant an island bed instead. A border along a path with a lawn to the other side is just as traditional and you can make this backdrop so much better by edging the lawn to produce a neat, sculpted shape.

Its a common "mistake" to dig a narrow border in a small garden. To my mind it looks like the plants are scared to be there and are cowering against the fence. Learn from the grand gardens and give your borders some depth.

The next point to consider is colour. Some people get technical about it and others think it doesn't matter. I think the key is to choose one or two key colours for the border. In traditional borders these key colours are repeated at intervals along the border. This repeating colour theme gives rhythm and visual structure to the planting and is probably more important than matching colour shades and tones within the planting. Pick some tough plants, that quickly bulk up, are easy to divide and flower again rapidly after planting as your rhythm section. I like **Silk Flower** (Sisyrinchium

striatum) with its sword-shaped leaves and spikes of cream flowers. It is easy to divide and establishes a good clump quickly.

The next consideration is season of interest. It would be lovely to have a border in full flower all through the season but in reality this doesn't happen with perennials. There are lots of things you can do to extend the season though.

Its tempting when you go to a plant fair in spring or autumn to buy a selection of plants in flower and dot these around your garden to give you some colour everywhere. But this lacks impact, and grouping them together in a block or strip in the border or bed packs a real colour punch at lean times of year.

Think of plants with lovely buds or young leaves to add interest early in the season. **Oriental Poppies** (Papaver) and Bearded Iris have short flowering season but the buds of the former and sword-shaped leaves of the latter start looking good weeks before the flowers.

**Giant Scabious** (Cephalaria) always have delightful and very visible buds as do **Cornflowers** (Centaurea). **Cupid's Dart** (Catananche) is another with lovely, long lasting buds before the blue flowers open.

Traditional borders are planted with tall plants at the back and shorter ones at the front but also think about "spot plants": upright, architecturally shaped plants that are taller than those around them. Good perennials for this are Veronicastrum, Bugbane (Actaea), Red Hot Poker (Kniphofia), Mullein (Verbascum) and Delphinium.

Planting distances vary but a good rule of thumb is around 2ft / 60cm apart for large or very vigorous plants and 1ft-1ft 6in 30-45cm for others. Don't forget to water plants even if it rains until the plants are growing strongly – don't drown them though!

**Enough dreaming**, it will soon be time to sharpen the spade and get digging for that dream border.









## Vauxhall Viva rolls back the years!

#### About:

Fred Dukes, membership secretary of the Vauxhall Viva Owners Club, brought three of his collection of seven Vivas to the the Greenhous Vauxhall showroom alongside two other member's cars. Fred who lives in Newport said "We have over 300 members, most in this country, but also across the world in countries like Australia, Canada, Malta and Portugal".

The members of the club brought along the oldest example an HA (produced 1963 -66), an HB Brabham Special edition (1966-70), an HC Saloon and an HC Estate (1970-79) and an HC Firenza Coupe (1971-74) which had been boosted with a Rover 3.5lite V8 engine. After 1974 larger OHC engined HC's were re-badged as Magnums and the Firenza became the Magnum Coupe.

Further details can be found at www.vauxhallviva.com

#### When & Where:

November 2015 at Greenhous Vauxhall Telford

To see your local event in the next issue, please send your photographs and details of what, where and when, to:

#### editor@allaboutnewport.co.uk by 5pm, 11 January 2016

Please note we can only accept photographs where the person providing them owns the copyright or, has the permission of the original photographer. Photographs should ideally be copies of the original (uncropped) image.

### Jambusters Christmas Shopping Evening

#### About:

Gnosall Memorial Village Hall, was the venue for a recent Christmas shopping evening organised by Gnosall Jambusters WI. The evening saw a variety of stalls selling a range of products from dog biscuits to wooden toys and lots, lots more. Despite the horrific weather the WI had a good turnout and a good evening was had by all.

#### When & Where:

November 2015 at Gnosall Memorial Village Hall.







To see your local event in the next issue, please send your photographs and details of what, where and when, to:

#### editor@allaboutnewport.co.uk by 5pm, 11 January 2016

Please note we can only accept photographs where the person providing them owns the copyright or, has the permission of the original photographer. Photographs should ideally be copies of the original (uncropped) image.



### This month's Puzzles & Brain Teasers.

This month's word puzzle has a weather theme. Solutions can be found on Page 58. **Good luck.** 

C S D O N Ζ Т E 7 M Ε Ζ Н 0 G Q G M R 0 Z 5 S S M S S Т 7 F G В S R S W 0 F В 0 Н 0 D Χ R Ε S O Ν U

**BUBBLY CELEBRATE** COUNTDOWN **EVENING FESTIVITIES FIREWORKS GATHERING** HOLIDAY INVITATION **JANUARY** KISS/ **MIDNIGHT NEWYEAR PARTY RESOLUTION SPARKLERS TIMESSOUARE** VOW

כי	כ
╘	b
$\subseteq$	2
7	5
$\succeq$	く
E	₹
5	2
v	

8					1	5	7	
			8		5			2
7							1	
2	6		4	9			5	
		7				4		
	9			6	7		8	3
	2							1
9			2		6			
	1	4	7					9

8	4					2		9
			9			1		6
		7	8				4	
	7		6	5		8		
3								5
		5		9	1		6	
	3				6	4		
6		1			9			
4		2					5	1

The secluded country pile is surrounded by **stunning Shropshire countryside** and offers everything you need from an indulgent weekend retreat – beautiful bedrooms, amazing food prepared by **Head Chef Guy Day** and even your own butler!

On arrival guests will be treated to afternoon tea followed by the chance to explore Weston's gardens and Capability Brown landscape. Weston's head butler will be on hand to look after you during your stay, starting with a champagne reception in the Marble Halls and followed by a show-stopping 6-course tasting menu in the magnificent setting of the Dining Room.

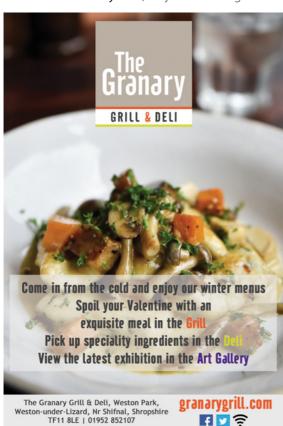
Enjoy drinks by the Library fire before retreating to your stately bedroom for a restful night's sleep and a lie in. Following a full English breakfast the following morning, the Park is yours to explore.

Over in the Granary Grill, Guy and his brigade will



cook up a storm on **Saturday 13th February** as they prepare an exquisite Valentine's dinner including dishes which are perfect for sharing.

For further information please visit **weston-park.com** or **granarygrill.com** 





### **Dates for your Diary...**

#### Map locations available for all events, online at www.allaboutnewport.co.uk

Post your What's On events for free at http://bit.ly/whatsonlocally by Friday 15th January, 5pm to appear in the next issue of the magazine. Please note that information posted online and in magazine is provided in good faith. We ask that you contact the organiser to confirm dates, times and details, as we cannot be held responsible for inaccuracies.

#### Newport Farmers Market

#### Weekly/Monthly Event

Newport Farmers' market is run on the 3rd Thurs of each month, and is well worth a visit. Located in The Square and also by the Butter Cross, next to St Nicholas church. The market runs from 9am - 2pm.

#### **Newport Life Drawing and Figure Sculpting** Workshops

#### Weekly/Monthly Event

Saturday mornings at Adams' Grammar School. For further information please call Michael on 07528489320 or email michaeljamespotter@hotmail.co.uk

#### Craft Club

#### Weekly/Monthly Event

We meet every Monday at 7pm to 9pm in Kitty Kraft shop St Mary street Newport. All necessary equipment and instruction will be supplied. Call Emma on 01952 820940 for more information.

#### Sing4Fun at Burton Borough School

#### Weekly/Monthly Event

Come and join the regions newest POP,ROCK,JAZZ choir for both men and women. Great, enjoyable arrangements of songs from Abba to Adele, Beatles to Bruno Mars. FREE taster night. Every Thursday 7.4-9pm.

#### **Newport Bridge Club**

#### Weekly/Monthly Event

Tuesday or Thursday 7pm The Hub St Mary's Street Newport. We welcome duplicate bridge players of all standards. Interested? come and join us, call 01952 814474.

#### Trefoil Guild

#### Weekly/Monthly Event

Girlquiding for adults. Every 1st Thursday at the Cosy Hall, Water Lane, Newport, TF10 7LD. Phone Cris, 01952 253960 for more

#### **Every SATURDAY NIGHT. Live Entertainment**

#### Weekly/Monthly Event

Newport Navy Club, Bellmans Yard, Newport TF10 7AJ £3 per person admission for non-members. Pay on the door. For more info- Contact Jez (club steward). 07772611540

#### Bridge Class

#### Weekly/Monthly Event

EVERY MONDAY. Victoria Bridge Club.Learn how to play bridge, or improve your own abilities. everyone welcome. 7.30p.m. onwards. Newport Navy Club, Bellmans Yard, Newport. TF10 7AJ for more info-contact Jez (club steward) 07772611540

#### Newport (Shropshire) and District Chamber of Commerce

#### Weekly/Monthly Event

The Chamber meet on the 3rd Monday of every month at Newport Cottage Care Centre, Newport at 5.30pm. The Chamber is here to support you by addressing any business issues or concerns you may have, helping your local business to grow.

#### OPEN MIC. NIGHT ~ Every TUESDAY

#### Weekly/Monthly Event

Open Mic. Night. Every Tuesday. 8p.m. onwards. £1 admission. Price includes a raffle ticket. Newport Navy Club, Bellmans Yard, Newport. TF10 7AJ contact Jez (club steward) 07772611540 or Jude Paton (event organiser) at Hey Judes, Newport.

#### BINGO ~ every THURSDAY

#### Weekly/Monthly Event

50p admission for all guests. Eyes down at 7.45p.m. Bar open at 7.30p.m.Newport Navy Club, Bellmans Yard, Newport, TF10 7AJ. For more info- Contact Jez (club steward). 07772611540 Friendly atmosphere, and a good night out at a budget price.

#### POOL NIGHT ~ every Wednesday during season Weekly/Monthly Event

Spectators or players welcome for weekly matches during the pool season. Alternate venue between The Newport Navy Club, Bellmans Yard, Newport, Shropshire. TF10 7AJ and the opposite team's base. For more info-Contact Jez (club steward). 07772611540

### DOMINOES ~ every FRIDAY during the season

#### Weekly/Monthly Event

Spectators or players welcome for weekly matches during the dominoes season. Alternate venue between The Newport Navy Club, Bellmans Yard, Newport, Shrops. TF10 7AJ and the opposite team's base. For more info- Contact Jez (club steward).

# Post it for FREE

All these Dates for your Diary were posted online for FREE! That's Date, Description, Contact Details and Google map. Make sure your Club, Gig or Event gets the exposure it deserves.

search: What's on Guide Newport Shropshire

#### TAI CHI (Moy Style)

#### Weekly/Monthly Event

A unique form of Tai Chi promoting health and well being. Beginners class Wednesdays 10.00 - 11.00 am in Church Aston Village Hall, Wallshead Way, Church Aston TF10 9JG. Suitable for adults of all ages and abilities Contact Tony Beckett 07983 404245

#### **Newport Writers Circle**

#### Weekly/Monthly Event

Local writers group meeting in Newport on the second Wednesday of the month (except August). If you are interested in joining the group please contact Mark Pearce on 01952 550557 or markpearce 17@hotmail.com for more information.

### Bingo Every Friday & Sunday Evening at Newport Royal British Legion Club

#### Weekly/Monthly Event

Bingo Session every Friday and Sunday Night at Newport RBL Club. Situated on Audley Road, Newport TF10 7DP. Doors open 7pm. Bar Open 7pm. Eyes Down 8pm. For more info contact Colin Farge (Secretary) on 07977 488 619.

#### **Dressmaking courses and workshops**

#### Weekly/Monthly Event

Dressmaking courses run on Thursday mornings 10.00am to 12.30pm and Thursday evenings 7.30 - 9.30pm at Cosy Hall, Newport. Courses last for 6 weeks. Monthly Sewing on Saturday; workshops run 2.00-5.00pm. Catherine 01952 276061.

#### Edgmond Toddler Group, Edgmond Village Hall

#### Weekly/Monthly Event

Every Thursday in term time 10.00 - 11.30am. Lots of toys for preschool children and babies, craft activities, songs and snack time. Refreshments for adults. £1.50 for first child and 50p extra for each additional child. New faces always welcome.

#### **Bradford Arms Folk Club**

#### Weekly/Monthly Event

Opening 10th April 2015 - New weekly folk club running every Friday from 8.30pm at the Bradford Arms, Ivetsey Bank, near Wheaton Aston (on A5 near Weston Park) Contact Linda 01952 526520 for more details.

#### **Acoustic Music Night**

#### Weekly/Monthly Event

Hosted by Pete Meyrick and Andy Wain. All styles of Musicians and Singer/Songwriters welcome. First Wednesday every Month, 8.30pm start. At the Cock Inn, Woodseaves. Phone 01785 284343.

#### **Local Fitness Classes With Nikki**

#### Weekly/Monthly Event

Mon 10-11am Zumba (easy) @ Church Aston Village Hall, Mon 6-7pm Body Blitz @ Church Aston Village Hall, Tues 6.30-7.30pm Zumba @ Cosy Hall, Fri 9.30-10.30am Zumba (easy) @ Cosy Hall. ALL LEVELS WELCOME £4 per class Contact Nikki 07967 343728

#### Adult Yoga

#### Weekly/Monthly Event

Small friendly class. Suitable for Beginners. Dru Yoga Starting with activation to some lively music, then flowing sequences, postures, breathing techniques and deep relaxation. Mondays 10am to 11am at Lilleshall Memorial Hall Tel 07970 731174

#### Midlands Rat Club - & Fancy Rat Shows

#### Weekly/Monthly Event

The Midlands Rat Club (MRC) is the area's club for fancy rat lovers, pet rat owners and breeders. Fancy rat shows are held every two months. For details of next meeting please see www.midlandsratclub.org

#### **Newport Toy Library**

#### Weekly/Monthly Event

Every Friday Morning at the Cottage Care Centre. £2 a year membership, toys to borrow from 10p per week. For the under 5s we have outdoor ride on tractors, cars, trikes and bikes, slides, trampolines, shape sorters, electronic toys and stairgates.

#### **Rush Hockey**

#### Weekly/Monthly Event

Consisting of small 5/6 aside games, the ball is bigger & lighter with only a handful of rules - it's social, fun & good exercise. No previous ability required! Lilleshall National Sports Centre - Wednesdays 7.30-8.30pm. £1 http://bit.ly/1KoYCQq

#### Yoga

#### Weekly/Monthly Event

Suitable for mixed ability participants, including those who have never done yoga before. Lilleshall National Sports Centre - Wednesday's 6.30pm - 7.30pm. £4.00 per session or £30.00 for an 8 week block http://bit.ly/1cRVGNU

#### **Forever Fit**

#### Weekly/Monthly Event

Designed for those 50+, these activities are a great way to get fit, stay active & meet new people. Lilleshall National Sports Centre, Friday mornings 10am-12.30 includes a range of activities for you to choose from. http://bit.lv/1Lt9w5d

#### Over 50s Racketball

#### Weekly/Monthly Event

For all abilities at Lilleshall National Sports Centre, Friday's 11.30 - 12.30 - a very fun and social way to get fit with new players always made to feel welcome. £3.50 per session

#### **No Strings Badminton**

#### Weekly/Monthly Event

Pay and play semi-structured sessions that are co-ordinated but not coached at Lilleshall National Sports Centre, Monday's 6.30pm - 730pm, £2 per session. Sociable and fun way to get fit - just grab a racket, rally around friends and head on court.

#### Easy access walks for all - Walkabout Wrekin

#### Weekly/Monthly Event

Every Thursday at leaving at 6.00pm (please arrive 10mins early) from the car park at the Red House Lilleshall. Get back exercising with local area walks from 15 to 90 mins duration depending on your ability. Steve Shaw 01952 810314

#### **Dalen Singers of Newport**

#### Weekly/Monthly Event

A small friendly, mixed choir founded 30 years ago in Newport. We rehearse Tuesday evenings at 7pm at Trinity Church, Wellington Rd, Newport. We sing a light style of music. If you would like to meet us just come along or call 01952 811741.

#### **Church Aston Table Top Sale**

#### Weekly/Monthly Event

Held 2nd Sunday monthly 11am-1pm at Church Aston Village Hall. Tables £6 Proceeds to Church Aston Infants School. Amanda 07905 528438 to book. Please note that November sale will be on 15th November to allow for Rememberance Sunday.

#### **Newport Photographic Club**

#### Weekly/Monthly Event

Meets every Tuesday evening 7.45pm Baptist Church Hall, Water Lane, Newport Workshops, talks, competitions, tuition and social events for anyone interested in photography at all levels. Detail on Newportphotoclub.com or phone Ellie on 01630 661336

#### **Aqualate Golf at Newport**

#### Weekly/Monthly Event

Golf roll up sessions. Monday evenings 6pm - 7pm for juniors (£4 per session) Monday evenings 7.30pm - 8.30pm for all (£5 per session). Tuesday mornings 10.30am - 11.30am for ladies (£5 per session). All equipment and tuition included. 01952 811699.

#### **Newport Chess Club**

#### Weekly/Monthly Event

We meet at the Royal British Legion Club Avenue Road Newport every Tuesday at 7.30 pm we welcome players of all ages and all capabilities very friendly club we have four teams in the Shropshire division youngsters very welcome

#### **Argentine Tango Classes**

16 October 2014 - 22 December 2016

Thursdays from 730 at Cosy Hall, Water Lane, Newport TF10 7LD. Tango Newport teach complete beginners this wonderful dance NO experience necessary - Come along with or without a partner and discover how quickly Bruce and Tricia get you dancing.

#### Sports Classes for children aged 2-3 and 4-7

05 December 2015 - 16 January 2016

ICanPlaySport runs fun, friendly sports classes for young children at Burton Borough School on Saturdays 2-3 year olds at 310 and 4-7s at 210. We run 6 week courses each focussing on a different sport. Our current course is HOCKEY. Please join us!

### Livingstone, Lions and the Great Rift Valley 12 January 2016

Shropshire's own Ben Waddams will give an illustrated talk on his visits to various fascinating places in Africa. Great stories are sure to be told! Members £2, non members £3 inc drinks 7.30pm. Host - Newport Branch of Shrosphire Wildlife Trust.

#### **Newport Inner Wheel Lean Lunch**

#### 15 January 2016

Friday 15th January 2016. 12pm -2pm. You are invited to our annual event held at Cosy Hall, Water Lane, Newport in aid of IW Charities including Dog Aid in Disability Soup, sweet and coffee £4.50 Tombola. Please pay on the door. A warm welcome to all.

#### Talk Norman To Elizabethan -The Building Of Churches

18 January 2016

Newport History Society presents talk by Robin Draper at The Baptist hall, Water Lane, Newport. 7.30pm. Visitors £3 incl. refreshments.

### search: Newport Shropshire

If we're on page one, so are you.

Google local search results can affect your business. 'Newport Shropshire' is the top search phrase for the local area. Being part of an online business community can boost your chance of being found.

Join over 120 local businesses from £10/year

Call Karen on **07973 385 929** www.allaboutnewport.co.uk/advertise

\* Google Apr2014-Mar2015 monthly average. Price includes VAT.

#### A History of the Building of Churches

#### 18 January 2016

Talk by Robin Draper for Newport History Society at Newport Baptist Hall, Water Lane, Newport TF10 7LD. 7.30pm. Visitors welcome £3 includes refreshments.

#### Sound Of Music Theatre Trip

21 January 2016

Theatre Trip to Regent Theatre, Stoke-on-Trent. Tickets £40 includes coach. Contact Celia on 01952 820893 - Newport Cottage Care Centre, Upper Bar, Newport. www.newport-care.org

#### Folk Concert Vicki Swann & Jonny Dyer 'Smorgsaballard'

23 January 2016

Folk Songs & Tales from Sweden @ 7.30pm Moreton Millenium Community Centre, Moreton, Nr Newport TF10 9DS. Tickets Adult £9.50 Child 8-16yr £7.50 Patricia 01952 691222 email. tricia\_inn@ Hotmail.com

#### **Quiz Night at Edgmond Village Hall**

30 January 2016

Doors open at 7pm quiz starts at 7.30pm prompt. Fish & Chip Supper.Bar available. please contact Denise 01952 812850 or email denise.c.bishop@internet.com for more details & to reserve a table. Or contact Janis Blinkhorne 01952 820572. £5 per person

### The Wild Wood - an illustrated talk from Newport Branch SWT

09 February 2016

Keith Offord, professional wildlife photographer and wildlife expert, talks about a 13-acre woodland in Shropshire. 7.30pm Church Aston Members £2, Non members £3 - All welcome refreshments provided.

#### Charles II and the Legacy of the Royal Oak

22 February 2016

Talk by Alan Lewis for Newport History Society at Newport Baptist Hall, Water Lane, Newport TF10 7LD. At 7.30pm. Visitors welcome £3 includes refreshments. Members of the public made very welcome - you don't have to be a member to come to our talks!

#### Newport Cottage Care Centre Quiz Night

26 February 2016

Ever popular NCCC Quiz Night. Tickets £6 per person - includes supper. Max of 4 persons per team. Bar & raffle. Starts 7.30pm - 10.30pm. Please book early. Contact Celia on 01952 820893 - NCCC, Upper Bar, Newport. www.newport-care.org

### Grand Auction In Aid Of Newport Cottage Care Centre Art Room Appeal

11 March 2016

Grand Auction to be held at Newport Rugby Club. Tickets £12.50 includes supper and a sparkling wine reception. Contact Celia on 01952 820893 - NCCC, Upper Bar, Newport. www.newport-care. org. Please book early.





Open 24/7, 365 Days a Year

To or Fron	n <mark>Newpor</mark>	8.50 £13 £22 0.50 £16 £24 6.50 £10 £15					
	Car	Minibus/8*	Minibus/16*				
Gnosall	£9.00	£14	£21				
Woodseaves	£8.50	£13	£22				
Eccleshall	£10.50	£16	£24				
Tibberton	£6.50	£10	£15				
Edgmond (HAU)	from <b>£4.50</b>	from £8	from <b>£12</b>				
Market Drayton	£14.50	£22	£33				

<sup>\*</sup> Cars seat 4 persons, minibuses seat 8 or 16. Fares are each way and are subject to an extra charge of up to 50% from midnight to 6am.

#### Taxi Driver Vacancies

### Very Good Earnings Potential of **£1,000 per week**\*

- #1 Put your own vehicle on as a private hire vehicle (taxi) from £100 rent per week (needs to be less than 10 years old).
- #2 Rent a taxi from £40 per 12 hour shift.
- #3 Rent to buy a taxi from £150 per week (repayable over at least 12 months).
- **#4** Rent a taxi 24/7 for a flat fee of £300 per week.
  - \*Limited vacancies available.

### Can you Spot the 8 Differences?

No prizes, just for fun. Answers on Page 58.







Pet Microchipping

01630 638638 or 07794 742970 Hinstock, Market Drayton TF9 2SP

www.lnspoochies.co.uk | claudia@lnspoochies.co.uk Facebook LNS Poochies

### **Get Your Boiler Ready** for the big Autumn, 'TURN-ON

 Qualified and Experienced Gas Safe, OFTEC & HETAS engineers · All Commercial & Domestic gas work including LPG + Oil • Landlords & Homeowners Gas Safety Checks • Plumbing & Heating • Boiler Servicing, Installation and Repairs

Call us today on 01952 460216



Mobile 07736 320733 Mobile 07713 974515 advancedheat@mail.com





Expert dressmaking tuition in Newport & Shrewsbury

Private Tuition • Courses • Workshops

Enjoy learning to make your own clothes that look fabulous and fit perfectly.

Contact Catherine on 01952 276061 www.lovedressmaking.co.uk



# Does your Car need an MOT, Service or Repairs?

Bellmans Yard Garage can help.



• Ideally located right in the centre of town (Just off the High Street, opposite the NatWest Bank and between

Nock Deighton and the Co-op Bank) • Free courtesy cars • Free local collection and delivery

• Local breakdown recovery service • MOT tests on-site • Servicing and repairs to all makes • Diagnostics

• Wheel alignment • Air conditioning and much more...

Bellmans Yard, High Street, Newport TF10 7AJ <u>Tel: 01952 814808 or 811076</u>

Email: info@brownsnewport.co.uk | www.brownsnewport.co.uk Open 8am-6pm, Monday-Friday, Saturday (by appointment)



#### **Electrical Contractors**

A friendly family business offering a reliable and competitive service by fully insured NICEIC Registered Electricians

- All Electrical Work Undertaken
- Fuse board upgrades
- House Rewires
- · Security Alarms (Wired & Wireless)
- CCTV
- TV Aerial Upgrades
- Electrical Safety Reports (Landlords Certificate)
- Flat Screen TVs. Wall Mounted Installations "No Wires to be Seen"

#### FREE QUOTES & ADVICE









www.buzzsparks.co.uk

Call your LOCAL friendly Electrician 'Buzz' on: 01952 272382 or 07714 216244 Email: buzzsparks@btinternet.com



FOR ALL YOUR PLUMBING REQUIREMENTS



MARK GREGORY-CADMAN YOUR LOCAL PLUMBER

> 01952 933394 07860 748546

MAGC1969@HOTMAIL.CO.UK 21 OAKWORTH CLOSE, TELFORD

### Let's Get It Shot

Providing a wide range of services from video production and promotional material, to sound for concerts, events and discos! Based in Newport we love working with local groups, events and businesses.

**Get in touch** to see how we can help you today

Jonathan Newton - Let's Get It Shot Video & Sound Services 07595 760527

info@letsgetitshot.co.uk



- Curtains Blinds
- Cushions...

and other soft furnishings for your home

FREE MEASURING AND ADVICE Fitting service also available

Call Rachel Harris 01952 840748

#### **Car Suares. Tools & Accessories Huge Range of Stock Available**





**AUTOMOTIVE** Contact Phil or Dave on COMPONENTS 01952 820247

Salters Lane, Newport TF10 7LB

Monday-Friday 8.30am-6pm; Saturday 9am-3pm www.carpartsinnewport.co.uk





Commercial & Domestic Fire & Security Design, Installation & Maintenance Services

- FIRE ALARM & FIRE SAFETY
- INTRUDER ALARM SYSTEMS
- ACCESS CONTROL CCTV SYSTEMS **Remote Monitoring**

24 Hour Emergency Call Out

Service and Repairs to any system

Free Survey and Quotation service Contact us on 01785 284111



Systems





The Lodge, Oulton, Norbury, Staffordshire ST20 0PG

www.satorfireandsecurity.co.uk derek@satorfireandsecurity.co.uk



### ·····Including LPG ······

Installation / Service / Repair

- Boilers Fires Cookers
- Landlord Safety Certificates
- Heating & Plumbing Maintenance
  - Power Flushing
  - Underfloor Heating

Call Mark Hall on 01952812812

M: 07871 234 673 E: mark@mphgas.co.uk www.mphgas.co.uk



### Welcome to Newport

Newport is a beautiful market town with noteable historical buildings, landmarks, fantastic independent shops and boutiques, traditional pubs, cafes and more. Discover more on our Vistor Experience page at; http://bit.ly/ahjal7C

- Pree (Official) Car Parks: Water Lane East, Victoria Park, Stafford Street, New Street
- Free High Street Disabled Parking: There are 3 official designated areas
- Free Wi-Fi Hot Spots: Waitrose Newport, Gourmet Pasty Co., Guneros Sandwich Bar, The Barley, Costa Coffee, Smallwood Lodge
- Newport Indoor Market Hall: See Markets page for general opening times
- Banks/Building Societies & ATMs: Lloyds Bank (1) Yorkshire BS (2), HSBC (3), Barclays (4), Nationwide (5), NatWest (6), Co-operative (7)
- S1) Public Services: Post Office (1), Library/First Point Newport (2), Newport Swimming Pool (3)
- Schools: Adams' Grammar (1), Newport CofE Juniors (2), Burton Borough (3), Newport Infants (4), Newport Girls' High (5), Moorfield Primary (6), SS Peter & Paul Catholic Primary (7), Castle House School (8)
- (B1) Bus Stops: Stafford Street (1), High Street (2), High Street (3)
- **Medical Services:** Wellington Road Surgery, Linden Hall Surgery (Station Road)
- Places of Worship: St Nicholas Church (1), Newport Baptist Church (2), Trinity Church (3), Catholic Church of SS Peter & Paul (4)
- Public/Disabled Conveniences: Situated in Stafford Street car park

#### Mylocality discount card holders. Spend & Save Locally

- Chetwynd End
  - Shropshire Heat
- 6 Lower Bar High St New St
  - Automotive Components
  - Ace Computer Systems
- C New St High St Square
  - Cookshop Newport
  - Newport Complementary Health Clinic
- ← St Marys St & Indoor Market Hall
  - Daisy Chain Duignan Phelps Optometrists
  - Kitty Kraft Nova Cycles
  - Tranquility Beauty Salon
  - Guneros Sandwich Bar & Takeaway
  - The Orchard
  - Hey Judes and Cups & Wands (Market Hall)

- e Stafford St High St
  - The Barley Pub Julia Price at Boughey House
  - Trend Accessories
- 🌈 Square High St Wellington Rd
  - Wycherleys Dental Practice
  - HoneyComb Hair and Beauty Company
  - InSpirit Hair & Beauty
- 🧿 High St Avenue Rd
  - Samuels of Shropshire
  - What Woment Want Henshalls Insurance Brokers
- **f** Granville Ave
  - NovaFord
- 🎁 Springfields Ind. Est. & Station Rd
  - Carpet Loom & Newport Beds Ltd The Ferns B & B
- Audley Ave Enterprise Park (A518)
  - Fish in a Box

55





### Next Month...

As you read this issue, we are already preparing a great selection of locally inspired features from around the area. *Including...* 

### **All About Weddings**

Next month, we will be featuring advertisers and editorial covering photography, bridal wear, accessories, venues, beauty and more ...

#### **All About Business**

Following on from this issue, we look at marketing and general business advice.

### Shropshire Wildlife Trust

Sarah Gibson of Shropshire Wildlife Trust will be providing an interesting and informative feature.

#### Reviews

Our monthly selection of product and app reviews. Covering new releases, technology and locally available products.

### **Dates for your Diary**

Plan your month with our diary of local meetings, courses, gigs and specialist events.

### **Keeping it Local**

From Click & Collect to Local Discount Card to Local Jobs just visit *allaboutnewport.co.uk* 



#### Shop Online with Local Retailers

Click & Collect means you can Buy Online and Collect in-Store at a time to suit you.

http://bit.ly/mylocalshops



#### Shop & Save in Newport

You could be saving money on Ladies Fashion, Food & Drink and so much more...

http://bit.ly/mylocality

#### Local Jobs Directory

Full and Part-Time Vacancies from around the local area. Businesses, it's **Quick, Simple and Free** to post your job vacancies online.

http://bit.ly/mylocaljobs

# Your Business in Print & Online Is your current advertising delivering the right coverage for your business?

All About Magazine prints 15,000 copies, delivers over 13,000 door-to-door with the remaining dropped at selected pick-up points such as Waitrose Newport.

http://bit.ly/allaboutmagazine

#### Online Advertising £10 p/yr

Recent studies suggest the top cited information searched for on local businesses were; products/services, phone numbers, location and opening times. That's why all our Businesses get Google Maps, Opening Times and space for their Products/Services.

http://bit.ly/advertisingworks



01052 91/229

### **Useful Numbers**

Nowport Town Council

Newport Town Council	01952 814338
Newport Town Library	
Telford & Wrekin Council	
Recycling, Rubbish and Litter	
Planning Department	
Council Tax and Benefits	
Shropshire Council (std rate)	0345 678 9000
Inland Revenue Helpline	0845 900 0444
Tax Credits Helpline	
Police, Fire, Ambulance	
Police (Non-emergency calls)	
Electricity (Emergency)	
Gas (Emergency)	
Severn Trent Water (Emergency)	
Shrop Doc	
The Princess Royal Hospital	
The Shropshire Nuffield Hospital	
NHS Direct (Calls are Free)	
Newport Cottage Care Centre	
Childs Ercall Jubilee Hall	
Adams' Grammar School	
Burton Borough School	
Castle House School	
CHerubS Nursery	
Church Aston Infant School	
Church Eaton Endowed (VA) Primary Sch	
Edgmond Hall	
Gnosall St Lawrence CofE Primary School	
Harper Adams University	
Haughton St Giles CofE Primary School	
Lilleshall Primary School	
Moorfield Primary School	
Muxton Primary School	
Newport CofE Junior School	
Newport Girls' High School	
Newport Infant School	
Sheriffhales Primary School	
SS Peter & Paul Catholic Primary School	
St Peter's CofE Primary Edgmond	
St Marys CofE First School & Nursery	
Tibberton CofE Primary School	01952 387790

### **Opening Times**

#### **Newport Town Council (The Guildhall Offices)**

Monday - Friday 10am - 3pm, CLOSED Weekend

#### **Newport Library**

Monday 10am - 4pm, Tuesday 10am - 5pm, Wednesday 10am - 6pm, Thursday CLOSED, Friday 9.30am - 5pm, Saturday 9.30am - 4pm

#### The Linden Hall Surgery (Station Road)

Monday-Friday: 8am to 6pm, Tuesday evening: 6.30pm - 8.20pm Wed evening: 6.30pm - 8.20pm

#### Wellington Road Surgery

Monday - Friday 8am - 6.30pm (Phone lines: 8.30am - 6pm - 01952 811677)

#### **Newport Post Office**

Monday - Friday 7am - 5.30pm, Saturday 7am - 5pm, Sunday: 7.30am - 12noon

#### **Newport Heritage Centre**

Saturday 10am - 2pm, CLOSED: Monday - Friday and Sunday

#### **Granville Community Recycling Centre**

Grange Lane, Red Hill TF2 9PB

March - October: Monday 8am - 4.30pm, Tuesday 8am - 4.30pm Wednesday - Thursday CLOSED, Friday 8am - 4.30pm Saturday 8am - 4.30pm, Sunday 8am - 4.30pm Bank Holidays 8am - 4.30pm

November - February: Monday 8am - 4.30pm, Tuesday 8am - 4.30pm,

Wednesday - Thursday CLOSED,

Friday 8am - 4.30pm, Saturday 10am - 3.30pm, Sunday 10am - 3.30pm

Bank Holidays - 10am - 3.30pm

**Telford Council Bin Days** - http://bit.ly/mybinday **Staffs Council Bin Days** - http://bit.ly/staffsbinday

2

5

# This month's Solutions and Answers are...

**Quiz Answers:** 1. Bacon, 2. Cupid, 3. Bethlehem, 4. Sandringham, 5. Advocaat

С	S	-	S	-	-	-	-	-	-	-	Ν	C	-	-	-	-
-	Ε	R	-	Ε	-	-	-	-	-	W	Ε	0	-	-	-	-
Т	R	L	Ε	-	I	-	-	-	-	0	W	U	-	-	-	-
Н	Α	-	Ε	L	Υ	Τ	R	Α	Р	٧	Υ	Ν	-	-	-	-
G	U	J	-	В	K	-	I	-	-	Ν	Ε	Т	-	-	-	-
	Q	-	Α	-	R	R	-	٧	0	-	Α	D	-	-	-	-
N	S	-	-	Ν	-	Α	Α	Ι	Ι	-	R	0	-	-	F	-
D	S	-	-	-	U	G	Τ	Р	-	Τ	-	W	-	Ι	-	-
	Ε	-	-	-	Ν	Α	-	Ε	S	-	S	Ν	R	-	-	-
М	Μ	-	-	I	Т	-	R	G	Ν	I	R	Ε	Н	Т	Α	G
-	1	-	Ν	I	S	-	-	Υ	-	-	W	-	F	-	-	-
-	Т	Ε	٧	-	В	S	-	-	-	0	-	-	-	-	-	-
-	٧	Ν	-	U	-	-	I	-	R	-	-	-	-	-	-	-
E	1	-	В	-	-	-	-	K	-	-	-	-	-	-	-	-
-	-	В	-	-	-	-	S	-	-	-	-	-	-	-	-	-
-	L	-	-	-	-	Н	0	L	I	D	Α	Υ	-	-	-	-
Υ	-	-	-	-	-	R	Ε	S	0	L	U	Т	I	0	Ν	-

8	3	9	6	2	1	5	7	4
1	4	6	8	7	5	9	3	2
7	5	2	3	4	9	6	1	8
2	6	3	4	9	8	1	5	7
5	8	7	1	3	2	4	9	6
4	9	1	5	6	7	2	8	3
3	2	5	9	8	4	7	6	1
9	7	8	2	1	6	3	4	5
6	1	4	7	5	3	8	2	9
8	4	6	1	3	5	2	7	9
5	2	3	9	7	4	1	8	6
9	1	7	8	6	2	5	4	3
1	7	9	6	5	3	8	2	4
3	6	4	7	2	8	9	1	5
2	8	5	4	9	1	3	6	7

There were **8 Differences** this month. Did you find them all?





3

3 8 5 1 6 4

6 5 1 2 4 9 7 3 8





# Call in today to talk to our experts Audley Avenue Industrial Estate, Newport, TF10 7BX

(Adajacent to Aldi/Countrywide)

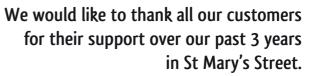
Tel: 01952 822922 paulyoung@reavalleytractors.com

www.reavalleytractors.com



# itty QUALITY CRAFT PRODUCTS

Décopatch - Airfix - Crafter's Companion - Pinflair - Modelling and more!



We hope you all had a Merry Christmas and wish you a very Happy 2016.





Join us every Monday at 7pm to 9pm in Kitty Kraft shop St. Mary's Street, Newport. All equipment and instruction will be supplied.

Call Emma on 01952 820940

for more information.



14a St. Mary's Street, Newport, Shropshire, TF10 7AB Call: Emma on 01952 820940 www.kittykraft.co.uk